## **Comprehensive Health Review**



## Take care of yourself

We partner with you to improve your health and give you resources to better understand the steps toward living a healthier life. With your **no-cost** Comprehensive Health Review, get an in-depth review of your health and create a personalized plan with your CEBT Health & Wellness Center provider.

## What should I expect?

At your appointment, we will review the results of your Biometric Screening and the Health Risk Assessment. The information from these two assessments help to guide our conversations about your health.

Together we can identify any problem areas and make plans to maintain or improve your health, while setting realistic, achievable goals.



My Marathon Health center was very helpful. I found out that I had Type 2 Diabetes, hypertension and hyperlipidemia. In my mind I was perfectly healthy. They helped me change my lifestyle.

> – Gregorio, Marathon Health Patient

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## **CEBT Health & Wellness Centers**

**Widefield**: 930 Leta Drive | 719-551-5808

Rifle: 707 Wapiti Avenue, Suite 201-A | 970-440-8085

Glenwood Springs: 1901 Grand Avenue, Suite 200 | 970-440-8087

**Gypsum**: 35 Lindbergh Drive, Suite 110 | 970-431-2871

**Loveland**: 2889 N. Garfield Avenue | 970-744-2866

**Greeley**: 4675 W. 20th Street Road, Unit B | 970-373-4625

my.marathon-health.com





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